

HOLTER MONITOR INSTRUCTIONS

FACILITY: BRICK – 459 Jack Martin Blvd., Ste 1, Brick, NJ 08724 732-458-0447
WALL – 1930 Hwy 35 Suite 3, Wall, NJ 07719 732-974-8800

****BRING ALL MEDICATIONS WITH YOU****

NAME: _____

DATE OF TEST: _____ TIME: _____ FACILITY _____

YOU MUST RETURN THE HOLTER MONITOR ON:

DATE: _____ TIME: _____ PLACE: _____

It is important that this monitor be returned after 24 hours. You will be given an appointment for hooking up the monitor and an appointment for its return. Both of these appointment times are important. Please notify the office at least 48 hours prior to your hook-up appointment if the return appointment time is a problem and we will gladly reschedule the test for you. A \$100 PER DAY charge will apply for failure to return on time. A \$100 CHARGE will apply if you fail to show for the appointment, or if the appointment is not cancelled or rescheduled at least 48 hours prior to the appointment.

Your doctor has prescribed this Holter ECG test for you in order to record each heartbeat while you go about your daily routine. This is a twenty-four hour test. Our staff will hook-up the monitor and instruct you on its use. Over the next twenty-four hours please record all of your activities, the time and any symptoms you may experience in the diary given to you. At the end of twenty-four hours you may disconnect the monitor to return it to our office or you may come in to the office and we will disconnect it for you.

HOOK-UP AND DISCONNECT: Special adhesive electrodes (patches) are placed on your chest to pick up the ECG signals from your heart. The electrodes are connected to the monitor through leads (wires/cables). The leads snap onto the electrodes and plug into the monitor. The monitor records your heartbeats. If you would like to disconnect the monitor unsnap the leads from the electrodes. The leads and the monitor **MUST** be returned to our office with the diary the next day. The electrodes or patches can be disposed of.

RESULTS: The ordering physician will contact you with the result of your test. If you have not heard from our office within 2 weeks please call our office.

THIS IS A HIGHLY SOPHISTICATED AND COSTLY PIECE OF EQUIPMENT. Please handle it with care. Do not get it wet, do not bump it or swing it. Do not pull on or cut the lead wires. Do not take a shower or tub bath until after you have removed the recorder. If the monitor and leads are not returned in working order you will be responsible for its repair and/or replacement.

I have read and understand the above instructions.

Patient's signature

Date

Revised 7/23/2009